

What is the Teen Health Clinic?

It is a safe, confidential, non-judgmental place for youth to deal with all their health care needs.

Walk-ins welcome, no appointment necessary.

Who might be at Teen Health Clinic?

- Nurse Practitioners (NP)
- Community Mental Health Workers (CMHW)
- Addictions Foundation of Manitoba (AFM)
- Public Health Nurses (PHN)
- Clerical Staff

Is it confidential? **YES!**

This means you can talk to us in private about your health. The only people that will know you use the Teen Clinics are the health care providers. You do not need written permission from your parents to get services at our Teen Clinic.

Our only exception to the confidentiality **RULE** is if an individual is at risk of suicide or abuse.

Some treatments may require consent. You do not need to be 18 to give consent but do need to understand the nature and consequences of the proposed treatment or lack of treatment.



Why should I go to Teen Health Clinic?

- ✓ Assessment and treatment of **ANY** health concern
- ✓ Follow-up appointments
- ✓ Mental health screening and resource connection
- ✓ Sexually transmitted infection (STI) testing and treatment
- ✓ Prescription for birth control, supplies and counselling
- ✓ **FREE** condoms
- ✓ Education and support for healthy lifestyle choices
- ✓ Addiction assessment and resource connection
- ✓ Nutrition counselling
- ✓ **ALL** your health needs

